# Co-Production Newsletter

## Our 2024 Summary

2024 has been a transformative and positive year for Co-production. In the past 6 months we have been able to launch a <u>new co-production</u> group and a <u>new wellbeing service:</u>

#### **Adult Co-production Group**

Our adult co-production group consists of individuals attending monthly online meetings to provide feedback, shape services and take part in new projects. A wider Co-production Network has also been established, this consists of a mailing list that receives new co-production opportunites and wellbeing activities

#### **HFEH Shakti Project**

The HFEH Shakti Project is a culturally specific service aimed to reduce stigma and strengthen community bonds in BAME (Black, Asian, Minority Ethnic) groups. This group has been co-produced by service users and runs as a hybrid of online and in-person sessions.

### What's next...?

Young Adult Co-production

Group (previously called the Transitional Co-production group). Similar to our adult co-production group, this group is aimed for young people aged 18-25.

If you are interested in joining, please contact the email below.

## Winter Wellbeing

The holiday season can be a challenging period for some, a Winter Wellbeing kit is available for service users and has been emailed to Co-production Network members.

For more information contact: haveyoursay@hfehmind.org.uk

Mind Hammersmith, Fulham, Ealing and Hounslow