

Co-Production Newsletter

Launching our new groups

Two months ago, we launched our new Adult Co-production Group. Throughout September and October we ran focus groups to shape our new wellbeing group- The HFEH Shakti Project. The HFEH Shakti Project is a co-produced wellbeing service for BAME (Black, Asian, Minority Ethnic) individuals that focuses on reducing stigma and strengthening community bonds.

Young Adult Co-production group

The next project we are aiming to launch is our Young Adult Co-production Group (previously called the Transitional Co-production group). This group has a similar structure to our adult co-production group but is aimed for young people aged 18-25 and focuses on the transition between young person to young adult. If you are interested in joining, please contact the email below.

What's next...?

Look out for new posters co-designed by our service users and a new information leaflet about co-production.

These will be shared with co-production network and shared across our services.

External Activities

Please get in touch if you want to hear more about these opportunities from external providers:

10 week wellbeing art and wellness course by Creative Wellbeing

Calming calligraphy art therapy course by The Refresh Project

For more information contact:

haveyoursay@hfehmind.org.uk

 mind Hammersmith, Fulham, Ealing and Hounslow