

## Are you under 18 and in need of immediate mental health support?

The Circle is a welcoming space for children and young people who need support to avoid a crisis. Find us at 46 South Ealing Road, Ealing, W5 4QA.

To find out more, scan the QR code below. For any questions, email: circleteam@hfehmind.org.uk



## Opening Hours (365 days a year)

Drop In Hours: 3.30-6.30pm (term-time) and 12.30-3.30pm (weekends and holidays)

Appointments: 6.30-9.30pm (term-time) and 3.30-6.30pm (weekends and holidays)

## You can access The Circle if:

- You are between 5-17 years old (under 16's must be accompanied by an adult)
- You live in Ealing, Hounslow, Hammersmith & Fulham